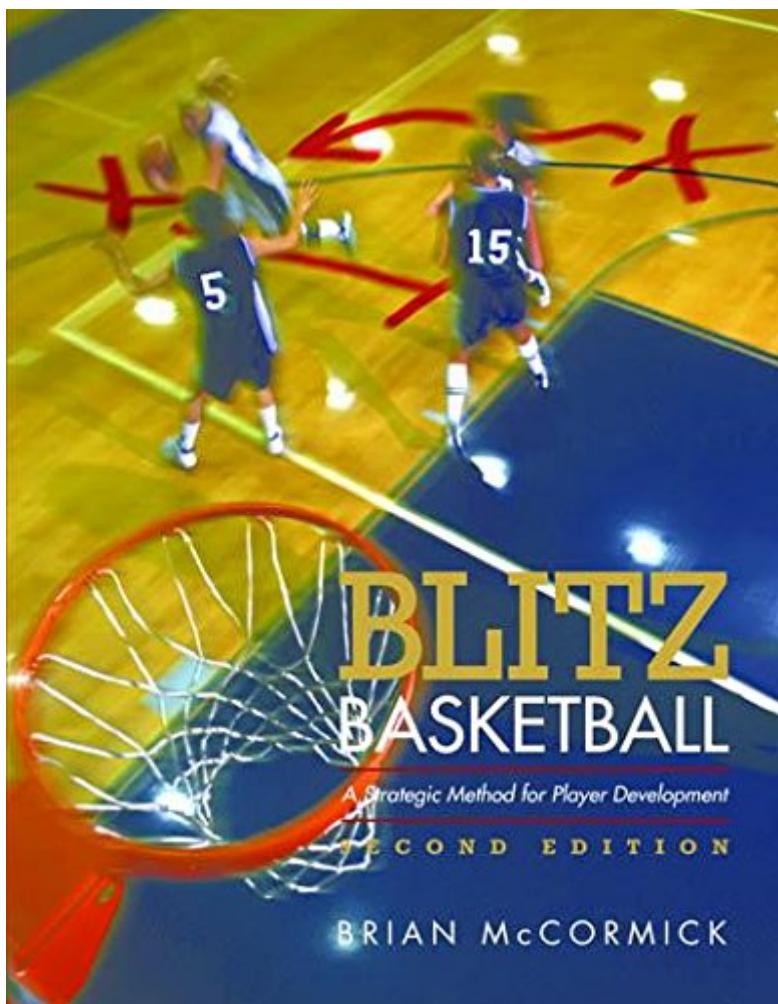


The book was found

Blitz Basketball: A Strategic Method For Youth Basketball Skill Development



Synopsis

Blitz Basketball is a complete youth basketball development system incorporating offensive and defensive strategy with player development. Offensively, Blitz uses a dribble-drive-motion style and incorporates numerous drills to develop ball handling, passing and shooting skills. Defensively, Blitz uses a man-to-man trapping press which builds solid defensive fundamentals, while nurturing young players' instincts. Blitz uses the "Games for Understanding" approach, using small-sided games rather than drills to develop skills. Originally designed for an u-9 AAU team, I have used the system with high school, college and professional teams. With over 60 drills and 100 diagrams, Blitz Basketball is a complete development and strategic system for youth basketball teams and coaches. The Second Edition includes six different offensive entries and six quick hitters for high school and college teams seeking more complexity.

Book Information

File Size: 1905 KB

Print Length: 111 pages

Publisher: 180 Shooter, LLC.; 2nd Edition edition (April 22, 2016)

Publication Date: April 22, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01EO6INMM

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #330,277 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #24 in Kindle Store > Kindle eBooks > Nonfiction > Sports > Coaching > Basketball #96 in Kindle Store > Kindle eBooks > Nonfiction > Sports > Basketball #101 in Books > Sports & Outdoors > Basketball > Coaching

Customer Reviews

Great stuff! I love the theory behind this type of system of play. I have seen it work and I learned a few things to implement into what I do currently that will help my system.

[Download to continue reading...](#)

Blitz Basketball: A Strategic Method for Youth Basketball Skill Development Basketball: Basketball Made Easy: Beginner and Expert Strategies For Becoming A Better Basketball Player (Playing Basketball Conditioning Shooting Drills ... Winning Tactics Sports Reference Guide) How to Be Better At Basketball in 21 days: The Ultimate Guide to Drastically Improving Your Basketball Shooting, Passing and Dribbling Skills (Basketball) Intarsia Woodworking for Beginners: Skill-Building Lessons for Creating Beautiful Wood Mosaics: 25 Skill-Building Projects Professional Skillbuilding Wizard (Skill Assessment For Medical Transcription & Skill Assessment Answer Keys) Strategic Intelligence for the 21st Century: The Mosaic Method Stuck on Fast Forward: Youth With Attention Deficit Hyperactivity Disorder (Youth With Special Needs) My Name Is Not Slow: Youth With Mental Retardation (Youth With Special Needs) Youth: toward personal growth;: A rational-emotive approach (Counseling youth series) Hope Is Cut: Youth, Unemployment, and the Future in Urban Ethiopia (Global Youth) Children and Youth in Sickness and in Health: A Historical Handbook and Guide (Children and Youth: History and Culture) Coaching Youth Tennis - 4th Edition (Coaching Youth Sports Series) Coaching Youth Cricket (Coaching Youth Sports) Coaching Youth Wrestling - 3rd Edition (Coaching Youth Sports Series) Coaching Youth Football-3rd Edition (Coaching Youth Sports) Coaching Youth Volleyball - 4th Edition (Coaching Youth Sports) Coaching Youth Tennis - 3rd Edition (Coaching Youth Series) Coaching Youth Gymnastics (Coaching Youth Sports) Coaching Youth Hockey - 2nd Edition (Coaching Youth Sports) Hal Leonard Brazilian Guitar Method: Learn to Play Brazilian Guitar with Step-by-Step Lessons and 17 Great Songs (Book/CD) (Hal Leonard Guitar Method)

[Dmca](#)